Whole School PSHE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Making friends	Rules and behaviour	Positive sense of themselves and others	Positive relationships and social skills	Being healthy	Confidence trying new things and transition
Year 1	Relationships	Communication	Keeping Safe	Looking after our body and mind	Caring and belonging	Money, jobs and transition NSPCC
Year 2	Families and loss	Stereotyping, online safety, PANTS	Road safety, zones of regulation, being active	Growth mindset, goals and healthy eating	School environment, the community, school council	Money, wants and needs, jobs, transition NSPCC
Year 3	Relationships, respecting differences	Stereotyping, emergencies, healthy eating	Road safety, rest and diet, understand own strengths	Personal hygiene, rights and responsibilities	Recycling, charity, democracy and rules	Impact of spending money, jobs, transition
Year 4	Respect, healthy friendships, behaviour, bullying	*Change and loss, internet safety, first aid*	Changes during puberty, risks of smoking, relaxation	*Growth mindset and mental health*	Choices spending money, career choices	Human rights, community, councillors
Year 5	Marriage, relationships, bullying	Stereotyping, embracing failure, going for goals	*Healthy lifestyle, internet safety, first aid*	Puberty, menstruation, rights and responsibilities	Environment, society, transition	*Money, spending stereotyping, t*
Year 6	Respect, relationships. Stereotyping, conflict	Risks with alcohol, online safety, resilience, first aid	Puberty, conception, pregnancy and birth, basic life support and immunisations	*Habits-positive and negative, human rights, environment issues*	*Prejudice and discrimination, diversity, democracy, money*	Jobs, transition, identify and body image